



INFORMATION

H.S.H. VYSOČINA CUP 2013

Welcome to the 20th H.S.H Vysočina Cup summer event where you can expect once again traditional terrains of the Highlands and pleasant ambiance. We hope that everyone will enjoy it here. This year again the organizers will try their best to offer you unforgettable

orienteering as well as cultural experience.

Organizer:

O-club SK Chrast

Main sponsor:

H.S.H. Sport s. r.o.

http://www.hsh.cz

The HSH company started its activity in 1990 in the field of computers. It became known for selling high-quality notebooks, offering even today famous brands. Currently it is also an important supplier of IT infrastructure and services. For more information see www.hsh.cz/shop.

Since 1993 the company has been selling also sport equipment. It offers not only sporttesters and watches but also orienteering equipment, representing in this area a wide range of well-known brands, including VJ Sport, SportIdent, Moscompass,...

In 2006 the company's scope was extended to include chess and board games. In addition to sport electronics and watches it provides currently items for runners, offering brands such as POLAR, TIMEX, CASIO, KAHUNA, SAUCONY, NEWLINE, HIGH POINT, FERRINO...

The company runs not only traditional shop but also these main e-shops:

www.kupHodinky.cz www.prooutdoor.cz www.shop.orienteering.cz www.sportline.cz www.sachy.biz www.spolecenske-hry.cz

Special offer to celebrate 20th anniversary of the event for forgetful (unregistered) students:

Granted ONLY TILL FRIDAY, 12 July 12:00 for regular students over 18 years old upon presenting ISIC card or other valid certificate that he or she attends daily study programme. The offer includes:

- Start fee for the 2013 H.S.H. Vysočina Cup Event in any category (except for HD21E, A)
- Start fee for accompanying Night Orienteering in any category
- Start fee for Beer Relays (for one member of the team)
- Start fee for all accompanying events of the 2013 H.S.H. Vysočina Cup Event
- Accommodation in the Event camping
- Three special Beer tickets (10+1) can be used for beer, lemonade, some kinds of spirit (1 drink for 1 case of the ticket) and also some food, such as sausages (1 meal for 2 cases of the ticket)

All that only for 1000 CZK! Just present your student card and enjoy the weekend!

Breakfast for free for the Even participants on Saturday, starting from 8 a.m. (amount limited). Come and have some müsli, tea, coffee, milk, fruit and something more!

Bring your cup, bowl and spoon if possible.



Date of the event:

July, 12th - 14th 2013

Event center:

meadow close to Medlov pond (49°36'53.189"N, 16°3'5.516"E)

Punching system:

SportIdent system for all categories in all stages.

SI card rent

30,- CZK/day. SI cards can be rented in the registry office.

Categories:

D10N (string course), D10, D12A, D14A, D16B, D18B, D21E, D21A, D21B, D21C, D35B, D35C, D40B, D40C, D45B, D45C, D50B, D50C, D55B, D55C, D60, D65, D70.

H10N (string course), H10, H12A, H14A, H16B, H18B, H21E, H21A, H21B, H21C, H35B, H35C, H40B, H40C, H45B, H45C, H50B, H50C, H55B, H55C, H60, H65, H70, H75, H80, H85.

HDR, P1, P2.

P1, P2 (2,7 – 6 km): open category for beginners and newcomers. There is no final result ceremony in this category

HDR: category for parents with children (string course).

Participants in P1, P2 and HDR categories choose themselves their starting time. However, they have to start before the 120 starting time!!! They will start from a special corridor where they indicate the number of their SI card. At the start they will punch a special starting unit. This procedure applies for all three stages.

HDR, D10N, H10N: string courses marked with orange ribbons.

Sport programme:

Thursday, July 11th: Night orienteering – accompanying H.S.H. Vysočina Cup night orienteering (separate information bulletin will be provided).

Friday, July 12th: E1 – middle distance, prize-giving ceremony (winners only).

Saturday, July 13th: E2 – long distance, prize-giving ceremony (winners only), accompanying programme see the Information bulletin attachment) more information will be provided on the information board and broadcasted in the event centre).

Sunday, July 14th: E3 – shortened long distance (longer middle distance), prize-giving ceremony after all the three stages.

Registry office:

Thursday, July 11th: 19:30 - 21:00 in the event centre. **Friday, July 12th:** 11:00 - 14:00 in the event centre.

Registration for E2, E3 stages respectively at the IT centre of the event during Friday, Saturday respectively (depending on the actual workload of the centre).

Stages:

Stage 1 (E1), middle - Friday, July 12th 2013

Starting time 00: 15:00

Course setter: Pavel Vítek - R3

Stage centre: Medlov Start: interval start Time limit: 90 min

Map: Sporýš, scale 1:10 000, E=5m, A4, mapmaker: Petr Mareček, from 06/2013, ISOM 2000

standardization.

Waterproof maps for all categories.

Colour of control descriptions – **yellow**

Prize-giving ceremony: about 7:00 p.m. in the event. centre

Stage 2 (E2), long distance - Saturday, July 13th 2013



Starting time 00: 9:30

Course setter: Petr Mareček - R2

Stage centre: Medlov Start: interval start Time limit: 150 min

Map: Čechřice, 1:10 000, E= 5 m, A4, mapmaker Petr Mareček, from 06/2013, ISOM 2000

standardization. Waterproof maps for all categories.

Colour of control descriptions - green

Refreshment points in the forest will be marked on the map.

For technical reasons the finish marked on the map does not correspond to its actual location in the terrain. There is a compulsory part to be taken from the last control (100) to the finish!!!

Prize-giving ceremony: about 6:00 p.m. in the event centre together with the accompanying programme (for winners in each category). Exact time will be announced in the event centre.

Starting times for Stage 3 (E3) will be indicated on the information board in the event centre on Saturday, July 13th 2013 at about 7:00 p.m. They will be also available on the event webpages.

Stage 3 (E3), longer middle - Sunday, July 14th 2013

Starting time 00: 9:30 Stage centre: Medlov

Start: chasing start for competitors with up to 40 minute loss to the first competitor in each category,

competitors with more than 40 minutes will then be starting in one-minute intervals. It is necessary to on the start at least five minutes before your starting time!!!

Time limit: 120 min

Course setter: Josef Vítek - R2

Map: Sporýš, scale 1:10 000, E=5m, A4, mapmaker: Petr Mareček, from 06/2013, ISOM 2000

standardization

Waterproof maps for all categories. Colour of control descriptions – **pink**

The SI box is placed a few meters after the finish line. Competitors have to punch it in the order corresponding to their order at the finish line. Follow the instructions of the jury in the finish area and do not try to get ahead your fellow competitors once you have crossed the finish line!!!

Competitors of all categories cross a low-traffic road. Be careful when crossing it.

Refreshment points in the forest will be marked on the map.

Final prize-giving ceremony: in the event centre at about 2:30p.m. (exact time will be announced according to the closing of individual categories).

Stage 3 (E3) starting times for first competitors in each category:

| 0 | D10N, D10, H35C, H45C, H80 |
|-----|-----------------------------------|
| 15 | D16B, D21C, D65, H45B, H55B |
| 30 | D21A, D40C, D55B, H12B, H55C, H85 |
| 45 | D18B, D50C, H18B, H21A, H50C |
| 60 | D35C, D40B, H10N, H10, H21C |
| 75 | D12B, D55C, D60, H21B, H40C, H70 |
| 90 | D35B, D50B, D70, H16B, H21E, H50B |
| 105 | D14B, D21E, D45C, H40B, H65, H75 |
| 120 | D21B, D45B, H14B, H35B, H60 |

Control descriptions:

In the event centre, free distribution for all competitors.

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Map collecting:

Maps will not be collected in the finish area. Please respect fair play behaviour and do not show your map to competitors before their start.

Special map symbols:

Green circle – distinctive tree Brown cross – charcoal burning ground Small black circle – metal pole Black cross – artificial item

Distances:

Distances to start:

E1 - 350 m E2 - 2000 m

E3 - 1000 m

Other distances:

Finish for E2, E3 – event centre: 0 m Finish for E1 – event centre: 700 m parking space – event centre: 130 - 50 m

Camping – event centre: 330 m

Start:

The way to start of each stage will be marked by blue and white ribbons from the event centre. In the start area competitors have to:

- 1) clear their SI card;
- 2) check the clearing of their SI card.

There are no toilets in the area of the start, it is necessary to use toilets in the camping.

Prohibited areas

It is forbidden to enter into fenced and newly cleared areas!!!

Apart from the race, competitors may enter the race only on condition that they stay on marked touristic paths and without orienteering map.

Area around the Event centre, camping and parking place may not entered, especially public campsite close to the Event centre.

Courses:

Information about course distances, number of controls and elevation is attached to this bulletin.

Scheduled times for winners in each category are adapted to summer competition!

The courses of H10N, D10N and HDR categories are marked with orange ribbons.

Medical aid:

The competitors compete on their own risk. Free medical aid is provided in the event (in the finish area). The following medical aid has to be paid from the competitor's insurance.

Finish area:

Situated in the event centre.

In the finish area competitors have to

- 1) finish their course by punching their SI card on the finish lane;
- 2) follow the marked path, have their SI card read and collect their split-times (Stage 1 finish area is situated 700 m from the event centre. Competitors are asked to **have their SI card read** in the event centre **as soon as possible**.)

Each competitor who has finished the race and received their split times can participate in a lot out of which winners of attractive prizes (sport watches etc) will be chosen after each stage. Having finished the race, you have to present your paper with split times at the H.S.H Sport stand so that you can be included in the lot. After each stage, three winners will be chosen at the end of the prize-giving ceremony to win watches from the H.S.H Company. The prize will only be awarded to competitors present at this time, in case the person concerned is not present, another person will be chosen out of the lot.

Kindergarten:

It will be opened for the whole time of the event in the finish area. There will be toys available and a tent that will be used in case of bad weather. Kindergarten fee is **30,- CZK/3 h. For each additional hour a fee of 50 CZK will be charged.** You can ask for this service at the registry office or in the event centre. Please give your children refreshments they like.





Terrain:

Varied terrain of the Highlands, features of the mountain terrain (especially the surface layer). Hilly terrain, altitude 660 – 819 m, many water ditches, swamps and areas with extensive dense forest. Rocky areas (around "Pasecká skála") in E2.

Regulation:

The competition is held according to the 2013 Czech Orienteering Federation Regulations in force. Scheduled times for winners in each category are adapted to summer competition.

Event jury:

Kratochvíl Martin (SJI) Kheil Radim (PBM) Voborníková Eva (CTB)

Protests:

Written protests to the main referee with a charge of 200 CZK. Protests concerning official results can be sent by mail to the event referee after the end of the event (Michal Kuban, Jožky Jabůrkové 277, 53009 Pardubice).

Principal event organizers:

Event director: Petr Martinec
Main referee: Michal Kuban – R2
Course setters: E1 – Pavel Vítek – R3

E2 – Petr Mareček – R2 E3 – Josef Vítek – R2

Camping:

Camping will be opened from Thursday, July 11th 2013 till Sunday, July 14th 2013. It is forbidden to dig holes and make fires. The location of showers, toilets, place with drinkable water and washing is marked on the attached plan.

It is strictly prohibited to enter the above mentioned prohibited areas!!!

At the registry office the responsible for each club will receive a sticker for each camping resident that has to be attached on the tent.

Parking:

In the marked parking area, also possible near the tent. Lanes in the camping will be put up. The cables with electricity are possible to cross <u>only on marked places</u>. It is forbidden to park on the road coming to the centre.

Parking for participants coming for individual stages is outside the camping area.

Follow the rules of the organizers!

Parking fee of 50 CZK (car) and 150 CZK (bus) for the whole stay will be collected at the entrance of the camping. Parking space for participants coming for individual stages near the event centre will be charged 50,- CZK/3 days (car) and 150,- CZK/3 days (bus).

We ask you to keep the camping area clean. Put the garbage in the garbage boxes and on the indicated places - separate plastic garbage (PLAST)!!!

Training maps:

Map "Čechřice", 1:10000, E= 5 m, laser print, A4, mapmaker: Petr Mareček, from 06/2013, ISOM 2000 standardization. The distance from the event centre to the start and finish area is 1600 m. There will be training controls. Map can be purchased at the registry office for 20 CZK/piece.

Cultural programme:

Friday, July 12th 2013: approx. from 7:00 p.m. (before the E1 prize-giving ceremony):

"Get your Beer ticket free" Competition – cross with hurdles

Saturday, July 13th 2013: Afternoon: Beer Relays

Evening programme

More information on the cultural programme will be available on the information board and announced in the event centre.



Refreshment:

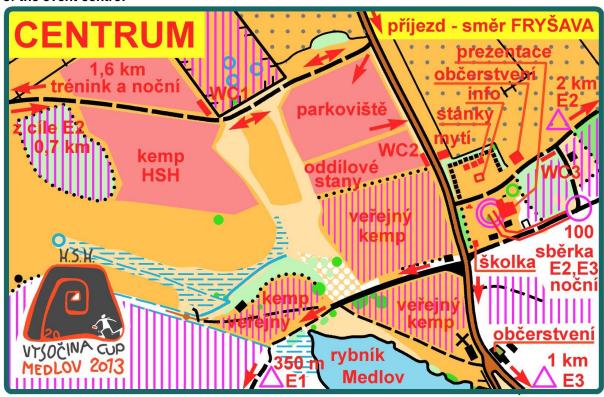
Offer of meals in the event centre (pasta, rice, goulash, soups). Bread and other bakery products on Saturday and Sunday morning.

Other food and drinks available (beer, lemonade, grilled meat,...).

Bathing:

In Medlov pond.

Plan of the event centre:



Course parameters:

| | E1 | | E2 | | E3 | |
|------|----------|-----------|----------|-----------|----------|-----------|
| | Distance | Elevation | Distance | Elevation | Distance | Elevation |
| D10N | 1.1 | 0 | 1.9 | 35 | 1.4 | 45 |
| D10 | 1.5 | 0 | 2.1 | 35 | 2.1 | 30 |
| D12B | 2.1 | 0 | 2.8 | 35 | 2.6 | 40 |
| D14B | 3.1 | 0 | 3.4 | 35 | 3.4 | 50 |
| D16B | 3.4 | 0 | 4.4 | 40 | 5 | 75 |
| D18B | 3.7 | 0 | 5.1 | 80 | 5.7 | 85 |
| D21E | 4.9 | 0 | 8.3 | 145 | 7.9 | 125 |
| D21A | 4.2 | 0 | 6.9 | 130 | 6.8 | 95 |
| D21B | 4.1 | 0 | 6.1 | 130 | 5.7 | 85 |
| D21C | 4 | 0 | 5.3 | 100 | 5 | 75 |
| D35B | 3.7 | 0 | 5.6 | 115 | 5.7 | 85 |
| D35C | 3.4 | 0 | 5.3 | 115 | 5 | 75 |
| D40B | 3.3 | 0 | 5.3 | 115 | 5.2 | 80 |
| D40C | 2.7 | 0 | 4.9 | 115 | 4.5 | 70 |
| D45B | 3.4 | 0 | 4.9 | 115 | 5 | 75 |
| D45C | 2.6 | 0 | 4.3 | 60 | 4.2 | 60 |



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| D50B | 2.7 | 0 | 4.3 | 60 | 4.5 | 70 |
|------|-----|---|------|-----|-----|-----|
| D50C | 2.6 | 0 | 4.2 | 40 | 4 | 60 |
| D55B | 2.6 | 0 | 4.2 | 40 | 4.2 | 60 |
| D55C | 2.2 | 0 | 4 | 60 | 3.7 | 55 |
| D60 | 2.6 | 0 | 4 | 60 | 4 | 60 |
| D65 | 2.2 | 0 | 3.7 | 35 | 3.7 | 55 |
| D70 | 1.8 | 0 | 3.7 | 35 | 3 | 30 |
| H10N | 1.1 | 0 | 1.9 | 35 | 1.4 | 45 |
| H10 | 1.5 | 0 | 2.5 | 35 | 2.1 | 30 |
| H12B | 2.7 | 0 | 3.2 | 35 | 3 | 40 |
| H14B | 3.7 | 0 | 3.8 | 35 | 4.2 | 65 |
| H16B | 3.9 | 0 | 6.1 | 130 | 6.3 | 105 |
| H18B | 5.9 | 0 | 7.2 | 145 | 7.8 | 125 |
| H21E | 6.7 | 0 | 11.2 | 180 | 9.3 | 150 |
| H21A | 6.4 | 0 | 10.1 | 180 | 9 | 130 |
| H21B | 6.4 | 0 | 8.6 | 175 | 8.1 | 115 |
| H21C | 5.8 | 0 | 7.3 | 150 | 6.9 | 105 |
| H35B | 5.9 | 0 | 8.3 | 130 | 7.8 | 125 |
| H35C | 4.2 | 0 | 7.3 | 130 | 5.8 | 110 |
| H40B | 4.9 | 0 | 7.3 | 130 | 6.9 | 115 |
| H40C | 3.4 | 0 | 6.7 | 130 | 5.4 | 90 |
| H45B | 3.9 | 0 | 6.7 | 130 | 6.3 | 105 |
| H45C | 3.3 | 0 | 5.9 | 130 | 5.2 | 80 |
| H50B | 4.2 | 0 | 5.9 | 130 | 5.8 | 110 |
| H50C | 3.4 | 0 | 5.4 | 130 | 5.1 | 80 |
| H55B | 3.4 | 0 | 5.4 | 130 | 5.4 | 90 |
| H55C | 3.3 | 0 | 5 | 100 | 4.6 | 65 |
| H60 | 3.4 | 0 | 5 | 100 | 5.1 | 80 |
| H65 | 3.3 | 0 | 4.4 | 80 | 4.6 | 65 |
| H70 | 2.6 | 0 | 4 | 80 | 4.2 | 60 |
| H75 | 2.2 | 0 | 3.4 | 30 | 3.7 | 55 |
| H80 | 1.8 | 0 | 3 | 25 | 3 | 30 |
| H85 | 1.8 | 0 | 3 | 25 | 3 | 30 |
| P1 | 3 | 0 | 2.8 | 35 | 2.7 | 55 |
| P2 | 5.4 | 0 | 6 | 90 | 4.9 | 70 |
| HDR | 1.1 | 0 | 1.9 | 35 | 1.4 | 45 |





Sponsors and partners of the Event

























