



INFORMATION

H.S.H. Vysočina cup 2009

16th year

THE EVENT IS ORGANIZED AT THE 750TH ANNIVERSARY OF THE COMMUNITY OF CHRST

MAIN SPONSOR:



H.S.H. Sport L.L.P. is a company with a 15 year-long tradition in the area of sport equipment. Apart from the sale of sport testers, watches and other sport electronics, it also provides other specialized equipment for active sportsmen. Since 1994 it has extended its area by offering goods for orienteering and runs the only shop in Prague providing equipment for this sport, as well as an e-shop focused on the same area on the website www.shop.orienteering.cz. For detailed information about the company's offer see www.HSHsport.cz.

THIS YEAR THE ORGANIZERS IN COOPERATION WITH THE MAIN SPONSOR PROPOSE INTERESTING OFFERS:

- ✚ NO ENTRY FEE for participants who make a purchase at H.S.H. Sport for at least 80 € until the deadline for the registration
- ✚ Bonus tickets offering attractive prizes for all participants of the event that register their SI card after having finished the race – a winner of a sport watch will be drawn out of all participants after each stage)
- ✚ Attractive prizes for all categories, awarded during the final ceremony
- ✚ Other interesting activities that will be presented on the webpage of the event (prizes and sale bonuses for the purchase of sport equipment for the participants of events in the accompanying programme)

FOR MORE DETAILED INFORMATION INCLUDING CONDITIONS FOR THESE OFFERS SEE THE WEBPAGE OF THE EVENT AT: [HTTP://WWW.HSHSVYSOCINACUP.CZ](http://WWW.HSHSVYSOCINACUP.CZ)

ORGANIZER	Orienteering club SK Chrast
DATE OF EVENT	July 17 th – 19 th 2009
CENTRE	ZUBŘÍ , 5 km SE from Nové Město na Moravě
CATEGORIES	D10N (string course), D10, D12, D14B, D14C, D16, D18, D20, D21E, D21A, D21B, D35B, D35C, D40B, D40C, D45B, D45C, D50, D55, D60, D65, D70

H10N (string course), H10, H12, H14B, H14C, H16, H18, H20, H21E, H21A, H21B, H35B, H35C, H40B, H40C, H45B, H45C, H50, H55, H60, H65, H70, H75, H80, H85

TPR (3 – 5 km) – open category for newcomers and beginners, it is possible to register also for individual stages. There is no official final prize-giving ceremony in this category. HDR – category for parents with children (string course), it is possible to register for individual stages.

REGISTRY OFFICE

Thursday 16th July, 18:00 - 20:00 in the centre of the event

Friday 17th July, 10:00 - 14:00 in the centre of the event

20:00 - 21:00

The organizers ask you to come to the registry office in time so that smooth registration process is ensured.

SPORT PROGRAMME

Friday 17th July 2009 E1 – short distance – interval start

Saturday 18th July 2009 E2 – classic distance – interval start

in the afternoon: accompanying sport and culture programme

Sunday 19th July 2009 E3 – middle distance – chasing start

STARTS OF THE STAGES

E1 – 3:00 p.m.; E2, E3 – 9:00 a.m.

MAPS

New maps have been prepared:

🚧 E1 and E3 - ZUBŘÍ - ZÁPAD 1:10000, e=5m, condition summer 2008,

🚧 E2 - ZUBŘÍ - VÝCHOD 1:10000, e=5m, condition summer 2008.

Map maker: Petr Mareček

TERRAIN

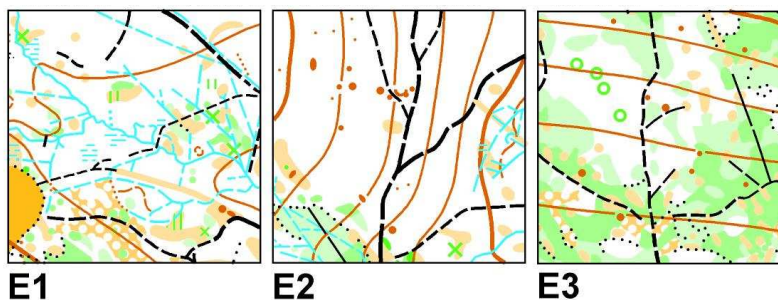
Mildly hilly terrain in the altitude of 650 – 750 m for all stages, typical of the Highlands.

E1 – water trenches, sources and swamps, lot of terrain details.

E2 – clear forest with a many water trenches.

E3 – bush woods and clearings, harsh surface.

MAP SPECIMENS



TRAINING POSSIBILITIES On the maps “Medlov – západ” and “Medlov – východ” from the Botas Vysočina Cup event 2005. The distance from the centre to the map is about 5 km (by bike) or 9 km by car via Nové Město na Moravě. The nearest parking places are boarding house U Martina and parking place under Pasecká skála. Maps are available at the registry office at 1 €/piece.

DISTANCES

sport centre – camping	0 m
finish – camping (for all stages)	0 m
sport centre – start (for all stages)	max. 1000 m

CHECKING SYSTEM SPORTIdent, the participants with their own SI indicate the number of their SI in their application form. SI card can be rented from the organizers at 1 €/day. The loss of the SI will be charged 25 €.

OFFICIALS
 Event Director: Jaroslav Matras
 Main Referee: Tomáš Matras – R1
 Course Maker: E1, E2, E3 - Petr Mareček

APPLICATIONS a) [e-mail: tomas.matras@seznam.cz](mailto:tomas.matras@seznam.cz)
 (subject of the message : „Applications H.S.H. Vysocina Cup- XXX“ – XXX = abbreviation of the O-club)

The application must include:

- 1) name list of the competitors
- 2) complete information comprises of
 - number of registration or year of birth
 - category
 - number of SI
 - license

Plus:

- requested type of accommodation (camping) – other types are not provided by the organizer

- contact for the person in charge of applications and information about the O-club: name, email, address, phone number; full name of the club, country

b) by mail to the address

Tomáš Matras
Chrašice 632
538 51 Chrast u Chrudimi
Czech republic

ENTRY FEES

Category	Till 24th July 2009	From 24th July 2009 and at the registry office
Till D/H14 including	8 €	14 €
From D55 and H60 including	8 €	14 €
Other	12 €	20 €
TPR, HDR	8 €	8 €
TPR, HDR / 1 stage	3 €	3 €
Rent fee of the SI card/day	1 €	1 €
Printed results/piece	2 €	2 €

Foreign competitors pay in cash at the registry office.

You can benefit from the offer to get the entry FREE OF CHARGE.

For more information see the webpage of the event.

PARKING

2 €/ car for the whole stay

5 € / bus for the whole stay

It will be charged on the arrival. Do not send it to us beforehand!

ACCOMMODATION Campsite:July 16th-19th 2009 7 € (person/stay)

The price includes EKO-WC, drinkable and industrial water, lighting of the camp.

Other types of accommodation are not provided by the organizers.

(List of contacts for the accommodation services in the surroundings of Nové Město na Moravě is available at the webpage:

<http://holiday.nmmn.cz/index.php?lu=en>

INFORMATION <http://www.hshvysocinacup.cz>

🚫 mobile phone: 732 425 459 - J. Matras,

🚫 mobile phone: 604 483 897, e-mail: tomas.matras@seznam.cz - T. Matras

PRIZES FOR WINNERS Winner of each category in each stage will receive a souvenir card, winners of the whole event in each category will be awarded a souvenir card and a prize (category TPR will not be awarded).

NOTE All participants compete at their own risk. A free of charge first aid will be provided in the finish area. Further medical aid has to be covered by the insurance policy of the participant.

KINDERGARTEN In the centre of the event. It will be run by experienced teacher-trained persons. They will take good care of your children and enable you to savour the unique experience in the attractive terrains of the Highlands.

ACCOMPANYING PROGRAMME AND SITES OF INTEREST

🚫 **Sport programme and accompanying activities** for children and adults (if there are enough participants):

- competitions, miniorienteering triathlon (swimming, going by bike, orienteering), beer relay, disco in the evening and other.

Detailed information will appear on the webpage of the event.

Bathing: in a pond situated very close to the campsite, it was renovated in 2005.

🚫 **Bike and hiking trips in the surroundings** (outside the prohibited areas*, where the access will be limited, **they will be published in the**

<http://www.hshvysocinacup.cz>

centre of the event – we will try to make as many tourist sites accessible as possible). Other places of interest: Vlčí kámen (monument on the spot where the last wolf of the Highlands was shot), Na Skále (Vávrovka) – rocky hill offering lovely views, Pohledecká skála – an imposing rocky hill accessible from its southern part (former military area), Nové Město na Moravě – the center of this area with 10 000 inhabitants, offering galleries, museum and many restaurants, and many other attractive spots of this part of the Highlands.

 <http://www.zdarskevrchy.cz/>

The sale of sport equipment is allowed only with the approval of H.S.H. Sport company, the sale of refreshments and other assortment is allowed with the approval of the event director.

The organizers of the club OB SK Chrast are looking forward to you and they hope to provide you with the possibility of attractive sport programme in the picturesque area of the Highlands during the 16th year of the H.S.H. Vysočina Cup.

Tomáš Matras
Main Referee

Jaroslav Matras
Event Director